

Hyperpigmentation

Skincare Routine

Morning

- **Cleanser** - The Inkey List Salicylic Acid Acne + Pore Cleanser
- **Toner** - The Inkey List Glycolic Acid Exfoliating Toner
- The Ordinary Alpha Arbutin 2% + HA
- The Ordinary Azelaic Acid Suspension 10%
- The Ordinary Natural Moisturizing Factors + HA
- Neutrogena Sheer Zinc Face Dry Touch Sunscreen SPF 50

Evening

- **Oil Cleanser** - The Ordinary Squalane Cleanser (Only if I was wearing makeup)
- **Cleanser** - The Inkey List Salicylic Acid Acne + Pore Cleanser
- **Toner** - The Inkey List Glycolic Acid Exfoliating Toner
- The Ordinary Alpha Arbutin 2% + HA
- The Ordinary Azelaic Acid Suspension 10%
- The Ordinary Natural Moisturizing Factors + HA

Monthly Evening

- Cleanser - The Inkey List Salicylic Acid Acne + Pore Cleanser
- Exfoliating Treatment - The Ordinary AHA 30% + BHA 2% Peeling Solution (DO NOT LEAVE ON LONGER THAN 10 MINUTES!)
- The Ordinary Hyaluronic Acid + B5
- The Ordinary Natural Moisturizing Factors + HA